



## Robert Stark, MD



Robert Stark, MD, a consulting physician for Physician Wellness Services, is medical director of the Cardiac Prevention Program at Greenwich Hospital. A board-certified internist and cardiologist, he practices in Greenwich, CT and is also a clinical assistant professor of medicine at New York Medical College.

Dr. Stark has a long-time interest in stress and coping mechanisms among healthcare personnel and he has authored articles on the topic. He has served on the Physicians' Support Group and Ethics Committee at Greenwich Hospital/Yale New Haven Health and he is responsible for planning the organization's monthly Schwartz Center Rounds—multidisciplinary forums for doctors, nurses, social workers and administrators which address the emotional and social issues that arise in caring for patients.

He has served as medical advisor to the National Running and Fitness Association in Washington, D.C. and is past-president of the Connecticut Society of Internal Medicine. He has maintained an active interest in preventive cardiology and women's health, and has been invited to present on cardiac health issues for numerous organizations and events.

Dr. Stark received his MD degree with honors from Harvard Medical School in 1974. He completed his internship and residency in internal medicine at the University of Pennsylvania Hospital in Philadelphia and he completed his cardiology fellowship training at the National Heart Institute, part of the National Institutes of Health, in Bethesda, MD. While at NIH, he carried out research on lipids (cholesterol) and the advanced detection and treatment of coronary artery disease.